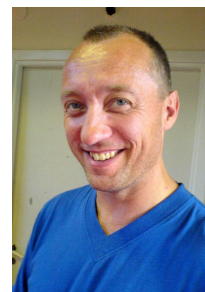


Kamo Aikido club is pleased to announce a seminar under the instruction of

**Lars Wahlgren 5th Dan Aikikai**

**9, 10, 11 April 2010**



Lars Wahlgren

Lars Wahlgren began training Aikido in 1985 at Stockholm Aikikai and now runs Visby Aikido on the picturesque island of Gotland.

Lars has trained in Europe and Japan under the Shihans: Endo, Igarashi, Kobayshi and Tissier and teaches at the Upsalla All Sweden Aikido Camp and other camps around Northern Europe and the United States.

This will be Lars's first course in United Kingdom and we are excited to be able to offer the chance to train with this talented teacher.



**TIMES:**

Friday 20:00 - 22:00

Saturday 10:30 - 12:30  
14:00 - 15:30

Sunday 10:30 - 13:00

**COST:**

Full Course £40.00

Full Course £30.00

(Overseas)

Weekend £30.00

Friday £10.00

Saturday £20.00

Sunday £15.00

**TRAINING LOCATION:**

Kamo Aikido  
Dinton Village Hall  
Dinton  
Aylesbury  
Buckinghamshire

**FOR FURTHER INFORMATION:**

Telephone: +44 (0)1296 747 853

Email: aikido@componentx.co.uk